



## Volunteer Opportunities in the Dubuque Area Tri-States

### Upcoming Volunteer Opportunities:

#### Summer Teen Nights



Join the Multicultural Family Center for Summer Teen Nights! They are looking for volunteers to help cook dinner and lead structured activities that target life skills and social and emotional learning!

\*volunteers must be age 18 or older

**Date:** Mondays and Wednesdays (Middle School); Tuesdays and Thursdays (High School)

**Time:** 4pm - 7:30pm

**Location:** Multicultural Family Center (1157 Central Ave, Dubuque)

#### Serve Dubuque Teen Civic Engagement Initiative



Join the Multicultural Family Center for the Serve Dubuque Teen Civic Engagement Initiative. The focus of this program is to strengthen teens' experience in community engagement and add teen contributions to a vibrant and connected community while gaining employability skills.

**Date:** Tuesdays and Thursdays from June 24 - July 31

**Time:** 9am - 3pm

**Location:** Multicultural Family Center (1157 Central Ave)

#### NAMI Table - Dubuque County Fair



Join NAMI Dubuque in raising awareness about mental health at the Dubuque County Fair! They are looking for volunteers to help with welcoming visitors, answering questions, promote NAMI services, and engage with community members. No prior experience necessary!

\*volunteers must be age 18 or older

**Date:** Wednesday, July 23 - Sunday, July 27

**Time:** shifts available from 10am - 2pm or 2pm - 6pm

**Location:** Dubuque County Fairgrounds (14569 Old Hwy Road, Dubuque)

#### Crescent's Steppin It Up 5K Walk/Run



Be a part of the annual 5K Walk/Run event in the Washington Neighborhood on the Crescent Community Health Center campus! Volunteers are needed to help with booth set up, refreshments, registration, and tear down! This opportunity is family friendly and great for a group of your friends or family!

\*please register by July 30

**Date:** Saturday, August 9

**Time:** 7:30am - 11:30am

**Location:** 1620 Elm Street - Wellness Center (next to 1690 Elm Street, Dubuque)

## Ongoing Volunteer Opportunities:

### Dubuque Regional Humane Society



Dubuque Regional Humane Society protects and promotes the well-being of all animals by fostering respect for their inherent dignity! The DRHS is committed to building bonds between people and animals through adoptions, community outreach, humane education, and cruelty prevention.

**They are looking for volunteers to help around their shelter (cleaning, dishes, laundry, etc), dog walkers, cat socializers, and event help!**

### Riverview Center



Riverview Center is committed to providing compassionate, survivor-centered care for individuals affected by sexual violence (and domestic violence in Illinois). Riverview Center's primary concern has been to create a safe environment and provide services based on individuals needs on their road to healing.

**They are looking for volunteers to serve as crisis services responders and to help with community event support!**

### Urban Bicycle Food Mission Dubuque



Urban Bicycle Food Mission Dubuque (UBFMD) is 100% volunteer based organization that offers meals to anyone in need on Sunday evenings. Food is made fresh every Sunday and served at 3 locations in downtown Dubuque. Their mission is to provide radical compassion to anyone in need, one burrito at a time!

**They are looking for volunteers to help with food prep and food distribution on Sunday evenings! Food Prep and Food Distribution are listed separately. Please sign up for one or both!**

### The Salvation Army



The Salvation Army is an organization in Dubuque that serves folks in need as a neighbor. They offer various services to adults and children through programs like the Pathway to Hope initiative, youth programs, and their food pantry.

**They are looking for volunteers to help in their food pantry, youth programs, and on their advisory board and committees.**

*Thank you for reading!*

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